

# Success Coach and Personal Development

from: VivA Coaching and Counselling

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## Description

I get it, as a business owner you might think you don't have the luxury of time to reflect and take time out? Well my friend, that is like hurtling down the highway at 120mph, gripping the steering wheel in a white-knuckle ride until you finally arrive somewhere only to wake up, become conscious and realise you are not at your destination, you maybe are at someone else's. Have you ever thought you might have to change gear to meet your changing needs? By shifting through the stuff in your head, you can start to live through your heart, doing what you love in a way that helps you to connect with your heart and those you serve. Clients who work with me love the way they learn to smoothly change gears so they can shift quickly through patches of fog and mud. By showing you how to read a road map of your mind, you can successfully navigate yourself around roadblocks and rough patches towards your chosen destination. Learn how to connect with your heart so you can have fun, take time out and enjoy all you have achieved. With those you love, doing what you love. Let me show you how to clear up the past so you can live with freedom to be fully alive in the present. Bringing more of who you are to what you do. Clients who work with me get back into the driving seat of their lives and feel more connected to their purpose. Feeling more joyful and energised to take control of their business and their life. Achieving the success they deserve. Let me help you to get back in the

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